

BREAKFAST & LUNCH



2017-2018
School Year

MAY MENU

Elementary &
Jr./Sr. High Schools

NORTHWOOD-KENSETT

COMMUNITY SCHOOL DISTRICT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Pulled Pork Sandwich, Mac-n-Cheese, Green Beans, Coleslaw*, Cauliflower FF, Fruit, Milk	2 BREAKFAST: Iced Long John/ Toast/Cereal, Fruit, Juice, Milk LUNCH: Cheesy Breadsticks & Meat Sauce, Lettuce Salad*, Corn, Baby Carrots FF, Fruit, Milk	3 BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Chicken & Noodles, Glazed Carrots, Asparagus, Dinner Roll, Fruit, Milk	4 BREAKFAST: Oatmeal with Toppings/Toast/Cereal, Fruit, Juice, Milk LUNCH: Choice of Hot Dog or Chili Dog, Potato Wedges*, Baked Beans, Cucumber FF(E), Fruit, Milk
7 BREAKFAST: Yogurt Parfaits/ Toast/Cereal, Fruit, Juice, Milk LUNCH: Sloppy Joes on Bun, Crinkle Cut Fries, Broccoli, Fruit, Milk	8 BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Crispy Chicken Wrap w/Toppings, Glazed Carrots, Cucumber FF, Fruit, Milk	9 BREAKFAST: French Toast Sticks/Toast/Cereal, Fruit, Juice, Milk LUNCH: Cheddarwurst on Bun, Chips*, Baked Beans, Baby Carrots FF, Fruit, Milk	10 BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Beef Nachos w/Toppings, Corn*, Asparagus, Fruit, Milk	11 BREAKFAST: Colby Cheese Omelet/Toast/Cereal, Fruit, Juice, Milk LUNCH: Breaded Chicken Patty on Bun, Potato Wedges, Green Beans, Fruit, Milk
14 BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Corn Dogs, Glazed Carrots, Green Beans, Fruit, Milk	15 BREAKFAST: Iced Long John/ Toast/Cereal, Fruit, Juice, Milk LUNCH: Cheese Pizza, Lettuce Salad w/Grape Tomatoes, Broccoli, Fruit, Milk	16 BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Chicken Fajitas w/Toppings, Corn, Refried Beans, Fruit, Milk	17 BREAKFAST: Bacon Scramble Breakfast Pizza/Toast/Cereal, Fruit, Juice, Milk LUNCH: Ham & Turkey Sub, Chips*, Baked Beans, Baby Carrots FF, Fruit, Milk	18 BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Hamburger or Cheeseburger on Bun, Crinkle Cut Fries, Cauliflower Finger Food, Fruit, Milk
21 Students' Last Day BREAKFAST: Muffin/Toast/ Cereal, Fruit, Juice, Milk LUNCH: Corn Dog, Baked Beans, Veggie Finger Foods, Fruit, Milk	22	23	24	25
SALAD BAR AVAILABLE DAILY AT THE JR./SR. HIGH SCHOOL				
28	29	30	31	



Wishing everyone a healthy
and relaxing summer!



All bread/buns are whole grain-rich
All milk is 1% low-fat or fat-free

MENU SUBJECT TO CHANGE

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* = Jr./Sr. High only, E = Elementary only
FF = Finger Foods